

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m. **Unless there is a scheduled activity.**



- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Exercise and enjoy the beautiful winter scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL:** Pool tables are available Monday, Tuesday, Thursday & Friday from 8:00 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **CORN HOLE:** You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

**RAINBOW MESSENGER
March, 2014**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday from 9-10:30 a.m. Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every Tuesday morning from 10 to 12. Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational & a super way to meet new friends.



March 4th - Paper Beads
March 11th - Lots of Green St. Patrick's Day
March 18th - Art on Small Easel
March 25th - Sun Catcher's

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at **Providence Home in Jasper at 10 a.m. on Friday March 21st.**



- **BINGO:** Will be played at **12 p.m. Tuesdays, March 4th & 18th.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m.

BINGO									
7	25	44	57	62					
15	22	40	50	70					
11	30	FREE SPACE		46	74				
2	28	37	55	68					
10	27	39	59	75					

*****You may want to bring a sweater or jacket, it sometimes gets cool.**

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, March 4th & 18th.**



- **EXERCISE CLASS:** Is held every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **WALK FIT VIDEO:** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.

CARD TOURNEYS



- **Thursday, March 6th**
Cinch Tourney
- **Thursday, March 13th**
Sheephead Tourney
- **Thursday, March 20th**
Rum Tourney
- **Thursday, March 27th**
Euchre Tourney

Tournays begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. Please sign-up by 10:00 a.m. the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played twice this month; **Monday, March 10th & Wednesday the 26th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives a cash prize. **Reservations are due by 10 a.m. the day of the game.**

- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Wednesday, March 19th and Tuesday the 25th.** It is a fun game that is easy to learn.

Everyone is welcome! We play a quarter a game with the low score winning. **Please call in by 10 a.m. if you are coming in to play.**



- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. on Fridays, March 7th & 21st and Monday the 31st.** Bring your change, we play for 10¢ a round and 25¢ a game. **Please let us know by 10 a.m. if you are coming in to play.**

RAINBOW MESSENGER

- **TRIOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. on Monday, March 3rd & Fridays the 14th & 28th.** We have a lot of fun! **Please call in by 10 a.m. game day** if you would like to play.

- **SCRABBLE:** Join the group playing Scrabble at **12:30 p.m. on Tuesdays, March 11th & 25th.** **Please sign-up by 10 a.m. game day** if you plan to attend.

- **PHASE-10:** Will be played on **Wednesday, March 12th at 12:30 p.m.** It is a fun easy card game. **Please call in by 10:00 a.m. the day of the game** if you would like to play.

- **HEARTS:** Will be played at **12:30 p.m. on Wednesday, March 5th.** **Call in by 10 a.m.** if you will be able to come in to play.



SPECIAL ACTIVITIES

- **BOOK CLUB:** Will meet **Thursday, March 13th at 12:30 p.m.** to discuss **"Deeper Than the Dead" by Tami Hoag.** In April the club will read, **"Whitethorn Woods" by Maeve Binchy.** Find out what happens when a new highway threatens to cut through Whitethorn Woods and destroy St. Anne's Wishing Well. New members are always welcome.



- **BOOMERAMA:** **Monday, March 17th at 12 p.m.** Missy Snider with Adaptive Companion Care Services, Inc. will guide a discussion and give information about Medicaid Waivers and Prior Authorization guidelines and opportunities. This will include what is available to seniors to make it possible for them to get help with daily living and adapting needs so they may remain in their home if they choose. The presentation is free. There is a \$5.00 charge to cover the cost of the optional lunch. **Reservations are due by 3 p.m. Friday, March 14th.**



- **LUNCH BUNCH:** We invite you to join us at **Heichelbech's Restaurant & Bar on Friday, March 28th at 11 a.m.** We always go "dutch treat". Come enjoy good food and visit with old friends & make new ones! Specials include: a plate lunch including entrée, potato, choice of vegetable & salad or salad bar with 2 soups, one being their famous "mock turtle" plus a potato bar. Please make your **reservations by 3 p.m. Tuesday, March 25th.**



- **CATERED MEAL:** Will be **Monday, March 24th at 12 p.m.** Catering by Meyer will be serving: Minute steak with mushroom gravy, mashed potatoes, corn, apple slices sautéed in butter, rolls, tea & coffee for \$8.00 per person. Please make your **reservations by 3 p.m. Wednesday, March 12th.**



RAINBOW MESSENGER
MARCH, 2014

MARCH

Derby Dinner

Two trips are scheduled for matinee performances of "Copacabana". The 1st one on Friday, March 14th will leave the Jasper Armory at 9:30 a.m. and pick up at Huntingburg Methodist Church at 9:45. The 2nd trip on Wednesday, March 19th will leave the Armory at 9:30 a.m. and pick-up at the Legion in Ferdinand at 9:45.



APRIL

Tropicana Evansville

We have 2 buses reserved for Wednesday, April 23rd. They will leave the Jasper Armory at 8:45 a.m. picking up at 9 a.m. in Huntingburg. Those attending will receive: transportation, \$8.00 slot play and a \$9.00 meal credit to use at any of the restaurants on Tropicana property. (Buffet will not be available). Cost of the trip is \$15.00. Sign-ups begin by phone at 7:30 a.m. on Tuesday, March 11th. Money is due by 3 p.m. Friday, April 11th. At the time you pay for the trip please provide Your "Trop" Number. If you do not have a number we will need your name, address and date of birth.



- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. For an aerobic workout we have Zumba & Just Dance programs.



- **PUZZLES:** We have one on the dining room table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m. (If you can play on Wednesday please call in by 10 a.m. to let us know) New players are always welcome.

- **MOVIE:** Join us at 12:30 p.m. on Tuesday, March 11th for the comedy, "Parental Guidance". Billy Crystal & Bette Midler star as Grandparents who agree to watch their grandchildren when the parents go on a trip. Things get interesting & very funny when 21st Century behavior problems collide with old school methods. Refreshments will be provided so please call in and sign up by 10 a.m. the day of the movie.



- **TCE/VITA TAX ASSISTANCE:**

The local Centers will offer income tax assistance for Senior Citizens. The following gives information about each Center.

OLDER AMERICANS HABIG CENTER
Thursdays, 9 a.m. until 3 p.m.
February 6th through April 3rd.
Call 482-4455 to schedule an appointment.

HUNTINGBURG SENIOR CENTER
@OLD TOWN HALL
Tuesdays, February 4th through April 8th from 12:30 p.m. to 7:00 p.m.
Call 683-2994 to schedule an appointment.

GUADALUPE CENTER, 511 E. Fourth St. Huntingburg. 4-8 p.m. Wednesdays, February 5th through April 10th. Call 683-5212 to schedule and appointment.

FERDINAND: PUBLIC LIBRARY
Mondays, February 10th thru April 7th from 10:30 a.m. to 5:00 p.m. **Closed February 17th; Presidents' Day.**
Appointments are preferred but walk-ins will be accepted. To schedule an appointment call: 367-2842 or 630-6402.

BE SURE TO BRING: Copy of last year's tax returns (2012), all forms, W-2's and 1099's, information for other income, information for all deductions and/or credits. (Basically any form of income). **Please wait until you have ALL forms and information needed before making an appointment.**

RAINBOW MESSENGER

- **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day.

- **BOOK SHELF:** Thanks to the generosity of so many, we have a great selection of books for you to borrow. They are located on the 2 bookshelves in the computer room.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

VOLUNTEERS NEEDED

We will have our Easter Egg Fundraiser on Monday, April 14th at 8:30 a.m. We will cook & color the eggs the same day. You can help with either cooking or coloring or both. A lunch will be provided for all helpers. **Please call the Center at: 482-4455 and sign-up to help with this fun project .**



ORDER YOUR EASTER EGGS!

Call The Center at 482-4455 between 8:00 a.m. & 3:45 p.m. and reserve your Easter Eggs. They will be **\$4.00 per dozen** and can be paid for and picked up between 8:00 a.m. and 3:45 p.m. Tuesday, April 15th thru Thursday, April 17th. **The Center will be closed Friday, April 18th**, in observance of Good Friday.



HAPPY BIRTHDAY



MARCH

1st	Dennis Buechlein
5th	Denny Moeller
7th	Doris Daily
9th	Martha Schepers
9th	Tom Hopf
9th	Richard Nicholson "Candy Man"
13th	Clara Messmer
17th	Earl Knust
18th	Frank Smith
19th	Patty Freeman

Upcoming Event

We will be attending the afternoon game of the **Cardinals versus the Cubs** on **Thursday, May 15th**. **The cost of the trip will be 65.00 for ticket & transportation. We will begin accepting reservations Monday, April 1st. Details of the trip will be in the April newsletter**



Recipe Exchange



Chocolate Oat Snack Cake

Ingredients:

1¾ cups boiling water
1 cup quick-cooking oats
½ cup butter or margarine; softened
1 cup sugar
1 cup packed brown sugar
2 eggs
1¾ cups all purpose flour
2 tablespoons baking cocoa
1 teaspoon baking soda
½ teaspoon salt
1 pack 11½ oz milk chocolate chips **divided**
1 cup chopped walnuts

Directions: In a bowl, combine water & oats; let stand for 10 minutes. In a large mixing bowl, cream butter & sugars. Add the eggs, one at a time, beating well after each addition. Beat in oat mixture. Combine the flour, cocoa, baking soda & salt; gradually add to creamed mixture. Stir in 1 cup chips.

Pour into a greased 13" x 9" baking pan. Sprinkle with walnuts & remaining chips. Bake at 350° for 40-45 minutes or until a toothpick comes out clean. Cool on a wire rack. Yield: 12-16 servings.

Submitted by: Marlene Hochgesang from Taste of Home Magazine
Have a good recipe to share? We would be happy to publish it.